GEORGE MASON UNIVERSITY
College of Education and Human Development
Athletic Training Education Program

ATEP 120 –DL4 — First Aid and Emergency Care
2 credits, Spring 2024
5-13-2024 to 6-17-2024
Asynchronous Online

FACULTY
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PREREQUISITES/COREQUISITES
None

COURSE DESCRIPTION
Covers basic emergency management procedures for various injuries and sudden illnesses, including CPR and the use of an Automated External Defibrillator (AED) for cardiac emergencies and basic first aid techniques; certification in First aid and CPR and AED.

COURSE OVERVIEW
The course contains both a video lecture and online practical component. Certification in First aid, CPR and AED will be awarded upon the satisfactory completion of the online practical course requirements. The course will be delivered asynchronously via web-based applications. If you need a certification that requires hands on skills demonstration, please sign up for one of the other sections of ATEP 120 that includes a hands-on laboratory.

DELIVERY METHOD
This course will be delivered online using an asynchronous format via the Blackboard learning management system (LMS) housed in the MyMason portal. You will log in to the Blackboard course site using your Mason email name (everything before "@masonlive.gmu.edu) and email password. The course site will be available on May 13, 2024.
Under no circumstances, may candidates/students participate in online class sessions (either by phone or Internet) while operating motor vehicles. Further, as expected in a face-to-face class meeting, such online participation requires undivided attention to course content and communication.

TECHNICAL REQUIREMENTS
To participate in this course, students will need to satisfy the following technical requirements:
- High-speed Internet access with standard up-to-date browsers. To get a list of Blackboard's supported browsers see:
  https://help.blackboard.com/Learn/Student/Ultra/Getting_Started/Browser_Support
- Students must maintain consistent and reliable access to their GMU email and Blackboard, as these are the official methods of communication for this course.

- Students may be asked to create logins and passwords on supplemental websites and/or to download trial software to their computer or tablet as part of course requirements.
- The following software plug-ins for PCs and Macs, respectively, are available for free download:
  - Adobe Acrobat Reader: https://get.adobe.com/reader/
  - Windows Media Player: https://support.microsoft.com/en-us/help/14209/get-windows-media-player
  - Apple Quick Time Player: www.apple.com/quicktime/download/

EXPECTATIONS

- Course Week: [Include only the sentence below that is appropriate for the course. Delete the sentence that is not applicable.]
  Because asynchronous courses do not have a "fixed" meeting day, our week will start on Sunday, and finish on Saturday.
  Our course week will begin on the day that our synchronous meetings take place, as indicated on the Schedule of Classes.
- Log-in Frequency:
  Students must actively check the course Blackboard site and their GMU email for communications from the instructor, class discussions, and/or access to course materials at least 5 times per week.
- Participation:
  Students are expected to actively engage in all course activities throughout the semester, which includes viewing all course materials, completing course activities and assignments, and participating in course discussions and group interactions.
- Technical Competence:
  Students are expected to demonstrate competence in the use of all course technology. Students who are struggling with technical components of the course are expected to seek assistance from the instructor and/or College or University technical services.
- Technical Issues:
  Students should anticipate some technical difficulties during the semester and should, therefore, budget their time accordingly. Late work will not be accepted based on individual technical issues.
- Workload:
  Please be aware that this course is **not** self-paced. Students are expected to meet *specific deadlines* and *due dates* listed in the **Class Schedule** section of this syllabus. It is the student's responsibility to keep track of the weekly course schedule of topics, readings, activities and assignments due.
- Instructor Support:
  Students may schedule a one-on-one meeting to discuss course requirements, content or other course-related issues. Those unable to come to a Mason campus can meet with the

instructor via telephone or web conference. Students should email the instructor to schedule a one-on-one session, including their preferred meeting method and suggested dates/times.

- Netiquette:
  The course environment is a collaborative space. Experience shows that even an innocent remark typed in the online environment can be misconstrued. Students must always re-read their responses carefully before posting them, so as others do not consider them as personal offenses. *Be positive in your approach with others and diplomatic in selecting your words*. Remember that you are not competing with classmates, but sharing information and learning from others. All faculty are similarly expected to be respectful in all communications.

- Accommodations:
  Online learners who require effective accommodations to ensure accessibility must be registered with George Mason University Disability Services.

COURSE OBJECTIVES

This course is designed to enable students to do the following:

1. Demonstrate all competencies necessary for CPR/AED certification to Emergency Care & Safety Institute standards.
2. Operate an Automatic External Defibrillator (AED).
3. Perform all competencies necessary for basic First Aid for Emergency Care & Safety Institute standards.
4. Recognize and properly assist in treating breathing emergencies and medical emergencies.
5. Demonstrate control of bleeding and shock in a patient.
6. Identify and provide initial first aid for soft tissue and musculoskeletal injuries.
7. Recognize environmental emergencies and properly apply basic first aid to assist a patient.

PROFESSIONAL ASSOCIATION STANDARDS

Further, upon completion of this course, students will meet the following professional accreditation standards:

1. 2010 International Consensus Guidelines for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC)
2. Commission on Accreditation of Athletic Training Education (CAATE) competencies and proficiencies in one or more of the following content areas: evidence-based practice, prevention and health promotion, clinical examination and diagnosis, acute care of injury and illness, therapeutic interventions, psychosocial strategies and referral, healthcare administration, professional development and responsibility.
3. National Association for Sport and Physical Education (NASPE)
   Domain 2: Safety and Injury Prevention

Standard 5	Prevent Injuries by providing safe facilities
Standard 7	Monitor Environmental conditions and modify participation as needed to ensure the health and safety of participants
Standard 8	Identify physical conditions that predispose athletes to injuries
Standard 9	Recognize injuries and provide immediate appropriate care

REQUIRED TEXTS
American Red Cross- Adult, Child, Baby First Aid, CPR, AED Online Course Materials
Instructions on how to access the Red Cross website, course information, and purchasing are provided at the end of this syllabus.

COURSE PERFORMANCE EVALUATION
ATEP 120 is a *pass or fail* course. Students will pass the course with the completion of the online modules *and* the upload of the certificate that is awarded at the end. Students that do not complete the modules and certificate upload will fail the course.

Students must achieve a passing performance on the Red Cross Adult, Child, Baby- First Aid, CPR and AED on-line materials.

The student's grade will be based on the following scale:
Pass: Students successfully complete the Red Cross online learning exercises to a satisfactory level and upload the certificate on Blackboard. ***Students will receive a certificate of completion- this will be uploaded to Blackboard as proof of successful course completion***.
Fail: Students that DO NOT successfully complete the Red Cross online learning exercises and DO NOT receive a certificate of completion from the Red Cross and DO NOT submit the certificate to Blackboard by the **due date of June 17, 2024 at 11:59pm EST**.

Participation
Students are expected to complete the online Red Cross course modules.

PROFESSIONAL DISPOSITION
Students are expected to exhibit professional behaviors and dispositions at all times. See https://cehd.gmu.edu/students/policies-procedures/

SUGGESTED COURSE SCHEDULE - You may work ahead, but **must complete and upload** course completion **certificate** by **June 17, 2024 @11:59pm**

WEEK	TOPIC	ONLINE EXERCISE MODULE
1 – Online Modules *5-13 to 5-18*	First Aid, CPR, AED	-Check Call Care -Seizures -Breathing Emergency -Heat Related Emergency -External Bleeding -Bone, Joint, Muscle Injuries -Head, Neck, Spine Injuries
2 – Online Modules *5/19 to 5/25*	First Aid, CPR/AED	-Sudden Illness - Stroke - Cold Related Emergency -Burns -Bleeding Skill Practice

3 - Online Modules *5/26 - 6/1*	First Aid, CPR, AED	-Check Call Care Adult -Heart attack -Adult CPR/Adult AED -Choking Adult -Adult CPR Skill Practice
4 – Online Modules *6/2 to 6/8*	First Aid, CPR, AED	-Child CPR/AED -Infant CPR/AED -Choking Infant -Infant CPR Skill Practice
5- Online Modules *6/9 – 9/15*	First Aid, CPR, AED	-Choking Unresponsive Adult -Unresponsive Child -Choking Unresponsive Infant -Advance Skill Practice
6- Course Completion *6/16 to 6/17* **Certificate Due 6/17 @11:59pm EST**		Blackboard submission

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

Core Values Commitment
The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: http://cehd.gmu.edu/values/.

GMU Policies and Resources for Students
Policies
- Students must adhere to the guidelines of the Mason Honor Code (see https://catalog.gmu.edu/policies/honor-code-system/).

- Students must follow the university policy for Responsible Use of Computing (see https://universitypolicy.gmu.edu/policies/responsible-use-of-computing/).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see https://ds.gmu.edu/).
- Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to VIA should be directed to viahelp@gmu.edu or https://cehd.gmu.edu/aero/assessments. Questions or concerns regarding use of Blackboard should be directed to https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/.
- For information on student support resources on campus, see https://ctfe.gmu.edu/teaching/student-support-resources-on-campus

Notice of mandatory reporting of sexual assault, sexual harassment, interpersonal violence, and stalking:
As a faculty member, I am designated as a "Non-Confidential Employee," and must report all disclosures of sexual assault, sexual harassment, interpersonal violence, and stalking to Mason's Title IX Coordinator per University Policy 1202. If you wish to speak with someone confidentially, please contact one of Mason's confidential resources, such as Student Support and Advocacy Center (SSAC) at 703-380-1434 or Counseling and Psychological Services (CAPS) at 703-993-2380. You may also seek assistance or support measures from Mason's Title IX Coordinator by calling 703-993-8730, or emailing titleix@gmu.edu.

For additional information on the College of Education and Human Development, please visit our website https://cehd.gmu.edu/students/ .

E-MAIL CORRESPONDENCE
Only messages that originate from a George Mason University address will be accepted. Please be sure to place ATEP 120 A02 in the email subject line: The following is an appropriate professional format:

Subject Line: *ATEP 120: Meeting Request*

Dear Professor Sedory, *(Beginning salutation example)*

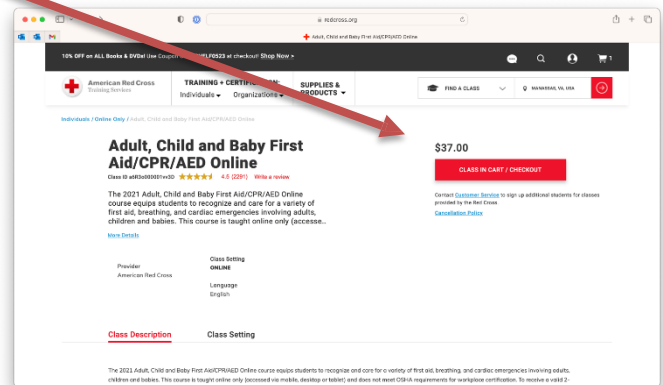I am looking forward to your class. *(Text body example)*

Regards, *(Ending Salutation example)*
(Your name)

Instructions to purchase and access certification materials for
Red Cross Adult, Child, Baby First Aid, CPR, AED online

1. Go to the following website https://www.redcross.org/take-a-class/online-safety-classes.
2. STEP 2 Select "**Training + Certification**"
3. STEP 3 Select "**Online Only**"
4. STEP 4 Select "**Adult, Child, Baby First Aid/CPR, AED Online**"
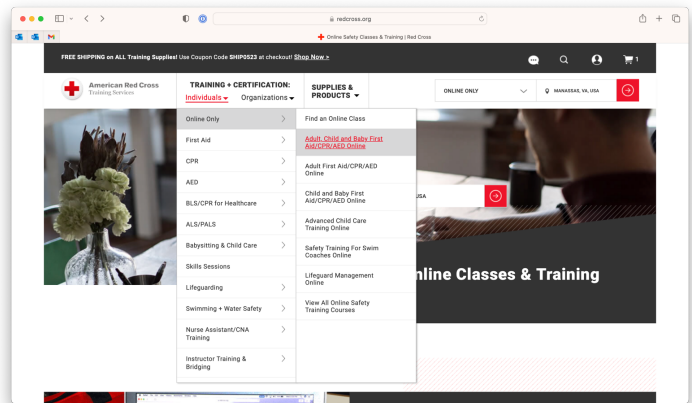
5. Select "**Class in Cart / Checkout**"

6. Complete "Student Information" and "Payment Information"
   -Select "**Place Order and Register**"

7. You will receive a confirmation email using the email provided. From there, **follow the directions in the email to create password** and access online courses under your account.
    NOTE: Below is just an example the actual amount may differ.

You Must Have An Online Account
Your account will allow you to access your classes and check the status of your order.

CREATE PASSWORD

Student Name	Course Name	Date & Time	Location	Class Setting	Price	Online Learning
YOUR NAME HERE	Adult, Child and Baby First Aid/CPR/AED Online Class ID a6R0V0000015EUt	Tue Apr 14 18:11:47 GMT 2020	Online	Online	$35.00	Access Course Order Details

Instructions on how to access the ONLINE learning are located here.

8. **Begin your course**.

9. Upon completion of course you will receive a **course completion certification**. **Upload to Blackboard** under **Assignments** as either a screen shot JPEG or PDF document.

American Red Cross
Training Services

Certificate of Completion

YOUR NAME HERE

Adult, Child and Baby First Aid/CPR/AED Online Only

Date Completed: 5/15/2020
Validity Period: 2 - Years

Conducted by: American Red Cross