

GEORGE MASON UNIVERSITY
College of Education and Human Development
Athletic Training Education Program

ATEP 120 – DL1 — First Aid and Emergency Care
2 credits, Spring 2021
8/23/2021 to 10/11/2021
Asynchronous Online

FACULTY

Name: Amanda M. Caswell, PhD, LAT, ATC
Office Hours: *Face to Face:* 1st Wednesdays 9:30-11am in KJH 224
Virtually Via Zoom: 2nd-4th Wednesdays 9:30-11am
-Join Zoom Meeting:
<https://gmu.zoom.us/j/5245347910?pwd=QkcyYVhTWkJKM013RkFDV2tuWUJSdz09>
Meeting ID: 524 534 7910
Passcode: 006407
Other Time by Appointment

Office Location: Bull Run Hall- Science & Technology Campus KJH 224
Office Phone: 703-993-9914
Email Address: acaswell@gmu.edu

PREREQUISITES/COREQUISITES

None

COURSE DESCRIPTION

Covers emergency management procedures for various injuries and sudden illnesses, including 1- and 2- person CPR, and use of an Automated External Defibrillator (AED) for cardiac emergencies and basic first aid techniques; certification in first aid and CPR. Offered by School of Kinesiology. Limited to two attempts.

COURSE OVERVIEW

The course contains both a video lecture and online practical component. Certification in First aid, CPR and AED will be awarded upon the satisfactory completion of the online practical course requirements. The course will be delivered asynchronously via web-based applications.

DELIVERY METHOD

This course will be delivered online using an asynchronous format via the Blackboard learning management system (LMS) housed in the MyMason portal. You will log in to the Blackboard course site using your Mason email name (everything before “@masonlive.gmu.edu) and email password. The course site will be available on August 23, 2021

Under no circumstances, may candidates/students participate in online class sessions (either by phone or Internet) while operating motor vehicles. Further, as expected in a

face-to-face class meeting, such online participation requires undivided attention to course content and communication.

TECHNICAL REQUIREMENTS

To participate in this course, students will need to satisfy the following technical requirements:

- High-speed Internet access with standard up-to-date browsers. To get a list of Blackboard’s supported browsers see:
https://help.blackboard.com/Learn/Student/Getting_Started/Browser_Support#supported-browsers
- To get a list of supported operation systems on different devices see:
https://help.blackboard.com/Learn/Student/Getting_Started/Browser_Support#tested-devices-and-operating-systems
- Students must maintain consistent and reliable access to their GMU email and Blackboard, as these are the official methods of communication for this course.
- Students will need a headset microphone for use with the Blackboard Collaborate web conferencing tool. [Delete this sentence if not applicable.]
- Students may be asked to create logins and passwords on supplemental websites and/or to download trial software to their computer or tablet as part of course requirements.
- The following software plug-ins for PCs and Macs, respectively, are available for free download: [Add or delete options, as desire.]
 - Adobe Acrobat Reader: <https://get.adobe.com/reader/>
 - Windows Media Player:
<https://support.microsoft.com/en-us/help/14209/get-windows-media-player>
 - Apple Quick Time Player: www.apple.com/quicktime/download/

EXPECTATIONS

- Course Week:
Because asynchronous courses do not have a “fixed” meeting day, our week will start on Monday and finish on Sunday.
- Log-in Frequency:
Students must actively check the course Blackboard site and their GMU email for communications from the instructor, class discussions, and/or access to course materials at least 3 times per week.
- Participation:
Students are expected to actively engage in all course activities throughout the semester, which includes viewing all course materials, completing course activities and assignments, and participating in course discussions and group interactions.
- Technical Competence:
Students are expected to demonstrate competence in the use of all course technology. Students who are struggling with technical components of the course are expected to seek assistance from the instructor and/or College or University technical services.
- Technical Issues:

Students should anticipate some technical difficulties during the semester and should, therefore, budget their time accordingly. Late work will not be accepted based on individual technical issues.

- Workload:

Please be aware that this course is **not** self-paced. Students are expected to meet *specific deadlines* and *due dates* listed in the **Class Schedule** section of this syllabus. It is the student's responsibility to keep track of the weekly course schedule of topics, readings, activities and assignments due.

- Instructor Support:

Students may schedule a one-on-one meeting to discuss course requirements, content or other course-related issues. Those unable to come to a Mason campus can meet with the instructor via telephone or web conference. Students should email the instructor to schedule a one-on-one session, including their preferred meeting method and suggested dates/times.

- Netiquette:

The course environment is a collaborative space. Experience shows that even an innocent remark typed in the online environment can be misconstrued. Students must always re-read their responses carefully before posting them, so as others do not consider them as personal offenses. *Be positive in your approach with others and diplomatic in selecting your words.* Remember that you are not competing with classmates, but sharing information and learning from others. All faculty are similarly expected to be respectful in all communications.

- Accommodations:

Online learners who require effective accommodations to ensure accessibility must be registered with George Mason University Disability Services.

COURSE OBJECTIVES

This course is designed to enable students to do the following:

1. Demonstrate all competencies necessary for CPR/AED certification to Emergency Care & Safety Institute standards.
2. Operate an Automatic External Defibrillator (AED).
3. Perform all competencies necessary for basic First Aid for Emergency Care & Safety Institute standards.
4. Recognize and properly assist in treating breathing emergencies and medical emergencies.
5. Demonstrate control of bleeding and shock in a patient.
6. Identify and provide initial first aid for soft tissue and musculoskeletal injuries.
7. Recognize environmental emergencies and properly apply basic first aid to assist a patient.

PROFESSIONAL ASSOCIATION STANDARDS

Further, upon completion of this course, students will meet the following professional accreditation standards:

1. 2010 International Consensus Guidelines for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC)

2. Commission on Accreditation of Athletic Training Education (CAATE) competencies and proficiencies in one or more of the following content areas: evidence-based practice, prevention and health promotion, clinical examination and diagnosis, acute care of injury and illness, therapeutic interventions, psychosocial strategies and referral, healthcare administration, professional development and responsibility.

REQUIRED TEXTS

American Red Cross- Adult, Child, Baby First Aid, CPR, AED Online

[Red Cross Adult, Child, Baby First Aid, CPR, AED](#)

**Instructions on how to access the Red Cross website, course information, and purchasing are provided at the end of this syllabus.*

COURSE PERFORMANCE EVALUATION

AATEP 120 is a *pass or fail* course. Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, VIA, hard copy).

Students must achieve a passing performance on the Red Cross Adult, Child, Baby- First Aid, CPR and AED on-line materials.

The student's grade will be based on the following scale:

Pass: Students successfully complete the Red Cross online learning exercises to a satisfactory level. *Students will receive a certificate of completion- this will be uploaded to Blackboard as proof of successful course completion.*

Fail: Students that DO NOT successfully complete the Red Cross online learning exercises and DO NOT receive a certificate of completion from the Red Cross and DO NOT submit the certificate to Blackboard by the **October 10, 2021.**

Participation

Students are expected to complete the online Red Cross course modules.

PROFESSIONAL DISPOSITION

See <https://cehd.gmu.edu/students/polices-procedures/>

SUGGESTED COURSE SCHEDULE- You can work ahead, but must complete and upload course completion certificate by 10/10/2021

WEEK	TOPIC	ONLINE EXERCISE MODULE
1– Online Modules 8-23	First Aid, CPR, AED	-Check Call Care -Seizures -Breathing Emergency -Heat Related Emergency -External Bleeding -Bone, Joint, Muscle Injuries -Head, Neck, Spine Injuries

2 & 3– Online Modules 8-30	First Aid, CPR/AED	-Sudden Illness - Stroke - Cold Related Emergency -Burns -Bleeding Skill Practice
4 & 5 - Online Modules 9-13	First Aid, CPR, AED	-Check Call Care Adult -Heart attack -Adult CPR/Adult AED -Choking Adult -Adult CPR Skill Practice
6 – Online Modules 9-27	First Aid, CPR, AED	-Child CPR/AED -Infant CPR/AED -Choking Infant -Infant CPR Skill Practice
7 - Online Modules 10-4	First Aid, CPR, AED	-Choking Unresponsive Adult -Unresponsive Child -Choking Unresponsive Infant -Advance Skill Practice
7- Course Completion Certificate Due 10-10-2021 @11:59pm		Blackboard submission

Note: Faculty reserves the right to alter the schedule as necessary

CORE VALUES COMMITMENT: The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

GMU POLICIES AND RESOURCES FOR STUDENTS

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see <http://oai.gmu.edu/the-mason-honor-code/>).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <https://ds.gmu.edu/>).

- Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to VIA should be directed to viahelp@gmu.edu or <https://cehd.gmu.edu/aero/assessments>. Questions or concerns regarding use of Blackboard should be directed to <https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/>.
- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

Notice of mandatory reporting of sexual assault, interpersonal violence, and stalking:

As a faculty member, I am designated as a “Responsible Employee,” and must report all disclosures of sexual assault, interpersonal violence, and stalking to Mason’s Title IX Coordinator per University Policy 1202. If you wish to speak with someone confidentially, please contact one of Mason’s confidential resources, such as Student Support and Advocacy Center (SSAC) at 703-380-1434 or Counseling and Psychological Services (CAPS) at 703-993-2380. You may also seek assistance from Mason’s Title IX Coordinator by calling 703-993-8730, or emailing titleix@gmu.edu.

For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/students/>.

E-MAIL CORRESPONDENCE

Only messages that originate from a George Mason University address will be accepted. The following is an appropriate professional format:

Dear Dr. Caswell, *(Beginning salutation example)*

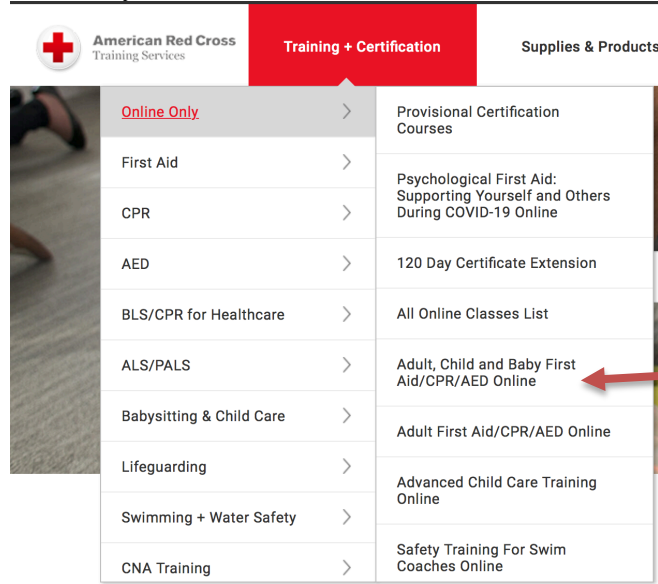
I am looking forward to your class. *(Text body example)*

Regards, *(Ending Salutation example)*

(Your name)

Instructions to purchase and access certification materials for *Red Cross Adult, Child, Baby First Aid, CPR, AED online*

1. Go to the following website <https://www.redcross.org/take-a-class>.
 - Select “Training + Certification”
 - Select “Online Only”
 - Select “Adult, Child, Baby First Aid/CPR, AED Online”



2. Select “Sign Me Up”

[Training + Certification](#) / [Online Only](#) / [Adult, Child and Baby First Aid/CPR/AED Online](#)

Adult, Child and Baby First Aid/CPR/AED Online

Class ID a6R0V0000015EUt ★★★★★ 4.6 (1592) [Write a review](#)

This course does not meet OSHA requirements for workplace certification. Many workplaces require training delivered by an instructor to meet OSHA requirements and do not accept certificates of completion from an online...

[More Details](#)

Provider	Class Setting
American Red Cross	ONLINE
	Language
	English

\$35.00

SIGN ME UP

Contact [Customer Service](#) to sign up additional students for classes provided by the Red Cross.

[Cancellation Policy](#)

- Complete “Student Information” and “Payment Information”
-Select “Place Order and Register”

RETURNING CUSTOMER? [Sign In](#) **Secure Checkout**

Student Information All fields are required unless noted optional.

STUDENT EMAIL ADDRESS

STUDENT FIRST NAME STUDENT LAST NAME

Payment Information

Credit Card

PayPal [What's This?](#) **YOUR PAYMENT IS SECURE**

CARD NUMBER

EXP. MONTH EXP. YEAR

1 Item In Your Cart [Edit Cart](#)

Adult, Child and Baby First Aid/CPR/AED Online
ONLINE \$35.00

Order Summary

Subtotal: \$35.00

Order Total \$35.00

Yes, I would like to receive exclusive offers and news from American Red Cross Health & Safety Training. You can unsubscribe at any time.

PLACE ORDER AND REGISTER

- You will receive a confirmation email using the email provided. From there, follow the directions in the email to create password and access online courses under your account.

You Must Have An Online Account

Your account will allow you to access your classes and check the status of your order.

CREATE PASSWORD

Student Name	Course Name	Date & Time	Location	Class Setting	Price	Online Learning
Marcie Fyock	Adult, Child and Baby First Aid/CPR/AED Online Class ID a6R0V0000015EUt	Tue Apr 14 18:11:47 GMT 2020	Online	Online	\$35.00	Access Course Order Details

Instructions on how to access the ONLINE learning are [located here](#).

5. Begin your course.
 6. Upon completion you will receive a course completion certification. Upload to BB under assignments.
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American Red Cross
Training Services

Certificate of Completion

Marcie F

has successfully

Adult, C

...ne Only

EXAMPLE

...ed: 5/15/2020

...y Period: 2 - Years

...nducted by: American Red Cross

SAFE RETURN TO CAMPUS GUIDANCE FOR STUDENTS ENROLLED IN CEHD COURSES

Both a Safe Return to Campus and Successful Learning Opportunities Depend on YOU.

All students are required to take the **Safe Return to Campus Training** prior to visiting campus: it is, however, recommended for all Mason students, even those who are enrolled in fully online classes. Training is available in [Blackboard](#).

Students are required to follow the university's public health and safety precautions and procedures outlined on the university [Safe Return to Campus webpage](#).

Students are required to be **Fully Vaccinated against COVID-19 by August 1, 2021 and submit documentary proof of vaccination or have an approved medical or religious exemption**. Students who enroll in the University after August 1, 2021 must be Fully Vaccinated against COVID-19 as of the immunization record due date for their first semester at the University, which can be found on the Student Health Services website.

Everyone, even those who are fully vaccinated, must wear a face covering when inside university property (buildings and vehicles). If you're unvaccinated, you must wear a mask outside, as well, when at an event or if physical distancing can't be maintained. [Read the full face covering policy here](#).

All students in face-to-face and hybrid courses must also complete the **Mason COVID Health Check daily**, seven days a week.

- You may not come to class if you receive a Yellow, Red, or Blue email response to the Mason COVID Health Check.
 - You may only come to class if you receive a Green email response to the Mason COVID Health Check.
 - You must quarantine and get tested if you receive a Blue email response, because you indicated that you recently traveled outside of the United States, are not fully vaccinated, or have not completed the required 7 to 10 day quarantine period for international travel.
 - If you suspect that you are sick or have been directed to self-isolate, quarantine, or get testing do not go to class.
 - Faculty are allowed to ask you to show them that you have received a Green email and are thereby permitted to be in class.
-

Disability Services: Students unable to participate in a course in the manner presented, either due to existing disability or COVID comorbidity risk, should seek accommodations through the [Office of Disability Services](#).

Students may not, either individually or collectively, request permission to change the modality of a current course section due to COVID risks or concerns. If students are not comfortable with the modality of the course for which they are registered, they will need to register for a course offered in a different modality which better will accommodate their needs through the established drop/add process.

Campus Closure: If the campus closes or class is canceled due to weather or other concerns, students should check [Blackboard](#), Mason email, or the [Mason website](#) for updates on how to continue learning and information about any changes to events or assignments.

Participation and Make-up Work: CEHD instructors will work with students to find reasonable opportunities to make up class work or assignments missed due to documented illness. Begin by contacting your instructor for guidance. For further assistance, students may contact their program and the CEHD Office of Student and Academic Affairs (cehdsaa@gmu.edu).

Technology Requirements:

- Activities and assignments in CEHD courses regularly use the [Blackboard](#) learning system. Students are required to have regular, reliable access to a computer with an updated operating system (recommended: Windows 10 or Mac OSX 10.13 or higher) and a stable broadband Internet connection (e.g., cable modem, DSL, satellite broadband) with a consistent 1.5 Mbps [megabits per second] download speed or higher.
 - Additionally, CEHD course activities and assignments may regularly use web-conferencing software (e.g., Blackboard Collaborate or Zoom). In addition to the requirements above, students are required to have a device with a functional webcam and microphone. In an emergency, students can connect through a telephone call, but video connection is the expected norm.
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Course Materials and Student Privacy:

- All course materials posted to Blackboard or other course site are private; by federal law, any materials that identify specific students (via their name, voice, or image) must not be shared with anyone not enrolled in this class.
 - Video recordings of class meetings that include audio or visual information from other students are private and must not be shared.
 - Live Video Conference Meetings (e.g. Collaborate or Zoom) that include audio or visual information from other students must be viewed privately and not shared with others in your household.
 - Some/All of your CEHD synchronous class meetings may be recorded by your instructor to provide necessary information for students in this class. Recordings will be stored on Blackboard [or another secure site] and will only be accessible to students taking this course during this semester.
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Testing with LockDown Browser:

CEHD courses may require the use of LockDown Browser and a webcam for online exams. The webcam can be built into your computer (internal webcam) or can be the type of webcam that plugs in with a USB cable (external webcam). [Information on installing and using LockDown Browser may be found here.](#)

You will need the following system requirements for online exams:

- Windows: 10, 8, 7
- Mac: OS X 10.10 or higher
- iOS: 10.0+ (iPad only)
- Must have a compatible LMS integration
- Web camera (internal or external) & microphone
- A reliable internet connection
- Prior to your first exam, you must install LockDown Browser following the step-by-step instructions linked above.

To ensure LockDown Browser and the webcam are set up properly, do the following:

- Start LockDown Browser, log into Blackboard and select your course.
- Locate and select the Help Center button on the LockDown Browser toolbar.
- Run the Webcam Check and, if necessary, resolve any issues or permissions your computer prompts.
- Run the System & Network Check. If a problem is indicated, see if a solution is provided in the [Knowledge Base](#). Further troubleshooting is available through the [ITS Support Center](#).
- Exit the Help Center and locate the practice quiz.
- Upon completing and submitting the practice quiz, exit LockDown Browser.

When taking an online exam that requires LockDown Browser and a webcam, remember the following guidelines:

- Ensure you're in a location where you won't be interrupted.
- Turn off all other devices (e.g. tablets, phones, second computers) and place them outside of your reach.
- Clear your desk of all external materials not permitted — books, papers, phones, other devices.
- Before starting the test, know how much time is available for it, and that you've allotted sufficient time to complete it.
- Remain at your computer for the duration of the test. Make sure that your computer is plugged into a power source, or that battery is fully-charged.
- If the computer or networking environment is different than what was used previously with the Webcam Check and System & Network Check in LockDown Browser, run the checks again prior to starting the test.

To produce a good webcam video, do the following:

- Do not wear a baseball cap or hat with a brim that obscures your face.
- Ensure your computer or tablet is on a firm surface (a desk or table). Do NOT have the computer on your lap, a bed, or any other surface where the device (or you) are likely to move.
- If using a built-in (internal) webcam, avoid tilting the screen after the webcam setup is complete.
- Take the exam in a well-lit room and avoid backlighting, such as sitting with your back to a window.
- Remember that LockDown Browser will prevent you from accessing other websites or applications; you will be unable to exit the test until all questions are completed and submitted.